



Seido tournament

Successful Seido tournament raises \$4,000 for Women's Refuge

Organisers of September's Wellington Seido Karate Benefit Tournament say the event was a huge success with nearly 300 competitors taking part and \$4,000 being raised for the Wellington Women's Refuge and Te Whare Rokiroki the Maori Women's Refuge.

The event attracted 290 competitors from New Zealand, Australia and Japan and hundreds of spectators turned up to watch the two days of competition. The tournament was made extra special this year by the attendance of the founder of Seido Karate, Kaicho Tadashi Nakamura, who came from New York especially for the tournament.

The entire event exceeded all expectations both in turnout and in the money raised for the chosen beneficiaries. A similar event was held in 1999, which raised \$2,000 for the Wellington Youth at Risk programs administered by the Wellington City Mission.

Seido is one of the largest styles of martial arts in New Zealand with 18 schools in New Zealand and about 2,000 students. Internationally there are more than 40,000 Seido students in 16 countries with nearly 100 branches worldwide.

Visit the Seido Wellington website at www.seidokaratewellington.co.nz, or the Wellington Seido Karate dojo at 223 Thorndon Quay.